

## BIBLICAL ACCURACY & CIRCUMCISION ON THE 8<sup>th</sup> DAY

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The faith of each individual Christian rests upon the bedrock foundation of the Bible's inspiration. If the Bible is of human origin, then it follows logically that the facts and doctrines found therein are only as reliable as human knowledge can be. However, if the biblical records were provided by the Holy Spirit (2 Peter 1:20-21), then we have every reason to believe that the facts and doctrines recorded in the text are free of those imperfections and blemishes that characterize all purely human efforts.

The Greek word used in the New Testament to express the concept of inspiration, *theopneustos*, derives from two roots—*theos* (God), and *pneustos* (from *pneo*, to blow or breathe). Thus, *theopneustos* would be “God-breathed.” The word implies an influence from without producing effects that are beyond natural powers. The proper view of inspiration often is referred to as being **verbal** (i.e., word-for-word) and **plenary** (i.e., complete). This concept suggests that men wrote what God directed, without errors or mistakes, yet with their own personalities evidenced in their writings.

A close examination of the Bible reveals startling proof of its inspiration. Sometimes that proof can be found in the form of prophecy—always minutely foretold and completely fulfilled. Sometimes the proof can be found in the form of scientific facts that were placed in the divine record hundreds or thousands of years before they were known to the modern scientific mind. This article deals with the latter—an important piece of scientific foreknowledge found within the biblical text, yet completely unknown to man until fairly recently.

In Genesis 17:12, God was very specific in His command that Abraham circumcise newborn males on the eighth day. But why the **eighth** day? In 1935, professor H. Dam proposed the name “vitamin K” for the factor in foods that helped prevent hemorrhaging in baby chicks. We now realize that vitamin K is responsible for the production (by the liver) of the element known as prothrombin. If vitamin K is deficient, there will be a prothrombin deficiency and hemorrhaging may occur.

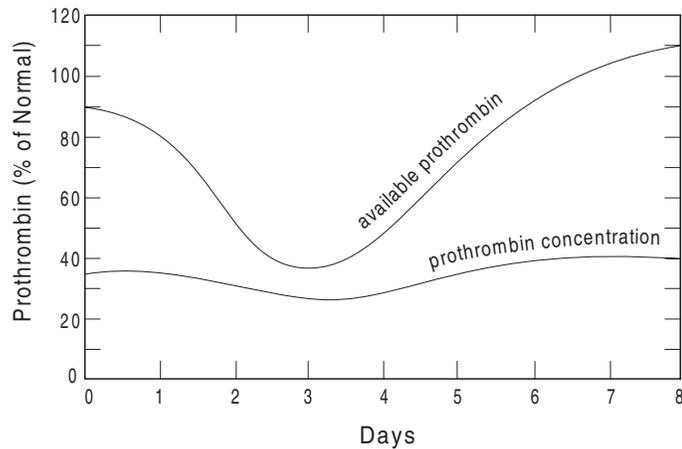
Interestingly, it is only on the fifth through the seventh days of the newborn male's life that vitamin K (produced by bacteria within the intestinal tract) is present in appropriate quantities. Vitamin K—coupled with prothrombin—causes blood coagulation, which is important in any surgical procedure. Holt and McIntosh, in their classic work, *Holt Pediatrics*, observed that a newborn infant has

...peculiar susceptibility to bleeding between the second and fifth days of life.... Hemorrhages at this time, though often inconsequential, are sometimes extensive; they may produce serious damage to internal organs, especially to the brain, and cause death from shock and exsanguination (1953, pp. 125-126).

Obviously, then, if vitamin K is not produced in sufficient quantities until days five through seven, it would be wise to postpone any surgery until some time after that. But why did God specify day **eight**?

On the eighth day after birth, the amount of prothrombin present actually is elevated **above 100 percent of normal**, and is the only day in the male's life in which this will be the case under normal con-

ditions. If surgery is to be performed, day eight is the perfect day to do it. Vitamin K and prothrombin levels are at their peak. The chart below, patterned after one in the book *None of These Diseases*



by S.I. McMillen, M.D., portrays this in graphic form. Dr. McMillen observed:

We should commend the many hundreds of workers who labored at great expense over a number of years to discover that the safest day to perform circumcision is the eighth. Yet, as we congratulate medical science for this recent finding, we can almost hear the leaves of the Bible rustling. They would like to remind us that four thousand years ago, when God **initiated** circumcision with Abraham, He said, “And he that is eight days old shall be circumcised....”

Abraham did not pick the eighth day after many centuries of trial-and-error experiments. Neither he nor any of his company from the ancient city of Ur in the Chaldees had ever been circumcised. It was a day picked by the Creator of vitamin K (1963, p. 21, emp. in orig.).

Moses’ information was accurate scientifically, and was millennia ahead of its time. How did Moses have access to such information? The answer, of course, was provided by the apostle Paul when he wrote to the young evangelist Timothy that “every scripture is inspired of God, and is profitable for teaching, for reproof, for correction, for instruction in righteousness....” (2 Timothy 3:16-17).

## REFERENCES

- Holt, L.E. and R. McIntosh (1953), *Holt Pediatrics* (New York: Appleton-Century-Crofts), twelfth edition.
- McMillen, S.I. (1963), *None of These Diseases* (Old Tappan, NJ: Revell), first edition.

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